

# TIBETAN NEW YEAR FESTIVAL PROGRAMME

WEEKEND OF 27 AND 28 FEBRUARY 2010 10AM TO 5PM

*The annual Tibetan New Year Festival is held in the serene and beautiful setting of the Peaceful Land of Joy Meditation Centre with its ten acres of landscaped gardens and the remarkable vision of a traditional Tibetan temple. The Festival offers an introduction to the ancient and profound wisdom of various Buddhist traditions, a glimpse of ancient Tibet, the colour and festivity of the extensive market and the opportunity to relax and picnic on the sweeping lawns.*

## A rare and ornate Buddhist temple

All teachings will be held in the rare and spectacular traditional Tibetan temple with its rich and ornate decorations, containing many treasures of Buddhist art, including an 18 foot golden statue of Shakyamuni Buddha. Regular temple tours provide an opportunity to learn about the temple's many external and internal features.



*Monks and nuns from many traditions join prayers for international peace and harmony in the traditional Tibetan temple.*

## Prayers for peace

The temple will also be the setting for the Blessing Ceremony for world peace and harmony, held at 12 noon on Saturday. This inspiring event is attended by local, state and federal representatives, as well as ordained people from Buddhist and Christian and other traditions.

## Unique market stalls

A wide variety of items is offered in stalls in the foyer of the temple and various parts of the grounds, including high quality books on Buddhism, CDs, mala beads, exotic clothing, shawls, quality teas and organic foods.

A huge range of items will be offered by many different traders from Tibetan jewellery,

clothing and ornaments to natural skin care products, art and craft, free trade items and homemade soaps. Other Buddhist organisations will also have stalls with books and other items for sale.

## Extraordinary landscaped gardens

A major attraction of the festival is the peace and beauty of ten acres of landscaped gardens, featuring thousands of rose bushes in 400 varieties, 2,500 trees including 36 golden robinias, weeping elms, olive trees, blue spruce, 23 Californian redwoods and many more. The gardens have been developed over many years through the efforts of many volunteers and

are maintained with recycled water. Gardening expert Venerable Tim McKibben will lead the entertaining, informative and free garden tours.

## Tibetan photographic exhibition

The temple will host a fascinating exhibition of photographs depicting the history of Tibet and the exiled communities in India, and the 30 year history of the Tibetan Buddhist Society in Australia.

## Courtyard café

A wide variety of delicious items, such as veggie burgers, home-made cakes, fruit, juices, coffee, tea and spicy chai will be available at the courtyard café.

*Entry to the festival is \$6. Children 12 and under are free. There is a facility charge for talks - \$10 for one talk, \$15 for two and \$20 for three or four talks per day. The temple tour is \$5. Garden tours are free. All proceeds go to support the temple.*

The Tibetan Buddhist Society acknowledges and thanks the Victorian Multicultural Commission for its support for the festival.

VICTORIAN  
multicultural  
commission

Rose  
Garden  
Open Days  
20-21  
March

HIGHLIGHTS	SATURDAY	SUNDAY	APPROX. DURATION	WHERE	FEE
Blessing Ceremony	12 noon		45 mins	Temple	FREE
Meditation and Buddhist Philosophy Talks	10 am 1.30 pm 3 pm 4.30 pm	10 am 11.30 am 2 pm 4 pm	1 hour	Temple	\$10 for 1 talk \$15 for 2 \$20 for 3 or 4 each day
Garden Tours	11 am 2 pm 3.30 pm	10.30 am 1 pm 3 pm 4 pm	45 mins	Meet in driveway outside courtyard café	FREE
Temple Tours	10.45 am 2.15 pm	12.30 pm 3.15 pm	25 mins	Meet near front steps of temple	\$5
Photo Exhibition	All day	10 am to 4.30 pm		Rear of temple	FREE
Markets and Stalls	All day	Closes 4.30 pm		West courtyard, rear of temple and foyers	
Café refreshments	Closes 4.30 pm	Closes 4 pm		Central courtyard	Reasonable menu prices
Information and ticket sales	All day	Closes 4.30 pm		Temple front and foyer	



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# FESTIVAL TEACHING PROGRAMME

## SATURDAY 27 FEBRUARY 2010

### 10.00AM BRAHMAVIHARA

Living a pure life with love and compassion like Brahma God who lives in the Pure Land (Heaven). This love and compassion comes from this God. The four sublime states are: loving kindness, compassion, sympathetic joy and equanimity.



#### *Venerable Ajahn Dr Viriyananda*

Venerable Dr Viriyananda is a monk in the Thai tradition, and the founder and Abbot of Buddha Vihara Temple in Box Hill. He received higher ordination at age 20, and is a scholar of Pali, Sanskrit, psychology, and Eastern and Western philosophy.

### 12 NOON BLESSING CEREMONY

Join monks and nuns from various spiritual backgrounds and community leaders in prayers for international peace and co-operation in the sacred surrounds of a traditional Tibetan temple.

### 1.30PM THE SIX PERFECTIONS

Based on the foundation of the mind of enlightenment, or bodhichitta, we progressively perfect our practice of generosity, ethics, patience, joyous effort, concentration and wisdom. This session will explain how our daily practice of generosity and so forth serve as the foundation for perfecting every aspect of our conduct.



#### *Martin Horan*

Martin is a Director at the Tibetan Buddhist Society. He has been a student of Venerable Geshe Loden for over 20 years, and works as a solicitor.

### 3.00PM OPEN HEARTS, OPEN HANDS

A sharing of practice and experiences, in cultivating right thought, speech and action, in the work of post fire renewal. In that which softens selfish attitudes, creates kindness and in complex and difficult situations, lay the fertile ground to see clearly through an open heart and to act with open hands.



#### *Venerable Chi Kwang Sunim*

A Korean trained Zen Buddhist nun for 30 years and Founder of the Seon Retreat Centre in Kinglake. She is the chair of the Australian Sangha Association(ASA) and teaches broadly. Currently engaged in community health and fire recovery projects.

### 4.30PM MINDFUL LIFE

Meditation can lead us to a new perspective. While being fundamentally realistic we can enjoy a greater sense of freedom and joy. This session will explain how this is possible and a simple meditation technique will be taught.



#### *Anthony Joseph*

Anthony is a Director of the Tibetan Buddhist Society and is a regular teacher at the Melbourne centre.

## SUNDAY 28 FEBRUARY 2010

### 10.00AM INSPIRATION FOR CHANGE

The extraordinary story of the Founder and Spiritual Leader of the Tibetan Buddhist Society, Venerable Geshe Acharya Thubten Loden, is inspiring for the breadth of his achievements to benefit others and as a trigger for personal change. This session also includes a guided visualisation meditation.



#### *Venerable Anna Goldstein*

Venerable Anna is a Buddhist nun and a Director of the Tibetan Buddhist Society. She has been a student of Venerable Geshe Loden for over 25 years.

### 11.30AM ZEN PERSPECTIVE ON EDUCATION

The Japanese word for education is *Kyoiku*. *Kyo* means teaching and *Iku* means nurturing. Good education both educates and nurtures the whole person. Western education tends to emphasise intellectual understanding above everything else. Zen education, on the other hand, emphasises the universal value of a complete education, not only for the individual, but also for the community of which we are a part through practice. *"Reading, writing and conventional knowledge are necessary, but so are 'drawing water and carrying firewood.' as Pan Yun claimed."*

Prof. Masato Mitsuda, San Francisco State University

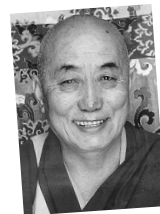


#### *Ekai Korematsu Osho*

Ekai Korematsu Osho is Abbot and teacher of Jikishoan Zen Buddhist community in Melbourne and has practised and taught Zen Buddhism in Japan, the USA and India for over 30 years. He lives in Melbourne and is dedicated to sharing the Soto Zen Tradition with others.

### 2.00PM IMMEASURABLE COMPASSION TO ALL LIVING BEINGS WITHOUT EXCEPTION

Compassion is the wish to remove the suffering of another living being. The great compassion of the mahayana is the wish to remove the suffering of each and every living being without exception. Venerable Geshe Acharya Thubten Loden will explain the central importance of great compassion to our practice and explain how to meditate on it.



#### *Venerable Geshe Acharya Thubten Loden*

Geshe Loden is the Founder and Spiritual Leader of the Tibetan Buddhist Society and a master of the Buddha's teachings. Since arriving in Australia over 30 years ago he has worked tirelessly to establish and develop the teachings and to benefit others. Now 87, his ninth Dharma book has recently been published by Tushita Publications.

### 4.00PM GUIDED MEDITATIONS

Meditation helps us cultivate positive minds that are a source of peace and happiness to benefit ourselves and others. Jean will introduce a variety of Buddhist meditation techniques and guide participants in meditation practices that help to integrate these benefits of meditation into everyday life.



#### *Jean D'Cruz*

Jean is a Director of the Tibetan Buddhist Society and is a regular teacher at the Melbourne centre.