

BUDDHIST SPRING FESTIVAL AND CEREMONY FOR WORLD PEACE

WEEKEND OF 5-6 NOVEMBER 2011 10AM TO 5PM

The 2011 Buddhist Spring Festival is an opportunity to relax in one of the most beautiful gardens in Melbourne, view the first traditional Tibetan temple in the southern hemisphere – blessed by His Holiness the Dalai Lama in May 2002 – and participate in many activities throughout the two day event.



Exhibition of Tibet

An extensive photographic display explores Tibetan and monastic life in both old Tibet and the exiled Tibetan communities in India.

Courtyard café

Wholesome vegetarian burgers, pastries, homemade cakes, organic fruit juice and homemade chai can be enjoyed in the garden courtyards. Refreshments are reasonably priced.

Ceremony for World Peace

Led by Buddhist monks and nuns, this ceremony brings together different religious traditions, community groups and government representatives to join as a community and pray for universal harmony. The ceremony commences at 12 noon on Saturday in the temple.

Temple tours

Temple tours with Venerable Cathy Evans provide a rare opportunity to experience a traditional Tibetan temple, the ornaments and symbols and the large golden Buddha statue constructed in Nepal. Learn about the relics, mantras and precious substances within this 18 foot statue of Shakyamuni Buddha and take a close look at the beautiful thangkas and shambu decorating the walls.

Garden tours

Venerable Tim McKibben will explain the organic methods used to maintain rose bushes, golden robinias, Californian redwoods, olive trees, colourful salvias and purple and mauve satin hibiscus (Alyogyne).

Market stalls

Many items that make wonderful gifts including Tibetan and local handicrafts, Indian shawls, jewellery, Tibetan and Nepalese blankets, books, CDs, DVDs, meditation cushions, bags, ornaments, candles, soaps and incense.

Children's activities

A half hour reading and meditation session each day at 2 pm. A children's craft session will be held from 11 a.m. to 1 p.m. in the market tent. Parents must accompany their children.

Enjoy the peaceful surrounds

Strolling amongst the Californian redwoods, picnicking by the lake, sitting under golden robinias or experiencing the fragrance of hundreds of roses are just some of the ways you can enjoy the 10 acres of peaceful surrounds.

Lectures and guided meditations

The theme of this year's festival is *Happiness in a Changing World*. Lay and ordained teachers give lectures based on various schools of Buddhist thought including Tibetan and Zen. Whether new to Buddhism and meditation or a regular practitioner, you will gain valuable insight into methods to understand and cultivate happiness in a changing world.

Entry \$5. Family rate \$10 - parents and school age children or younger. Facility charge for talks is \$10 for one class, \$15 for two and \$20 for three or four talks a day. Temple tours are \$5. Photo exhibition and garden tours are free. All proceeds are donated to support the temple.

HIGHLIGHTS	SATURDAY	SUNDAY	APPROX. DURATION	WHERE	FEE
Ceremony for World Peace	12 noon		45 mins	Temple	FREE
Meditation and Buddhist Philosophy Talks	10 am 1.30 pm 3 pm 4.30 pm	10 am 11.30 am 2 pm 4 pm	1 hour	Temple	\$10 for 1 talk \$15 for 2 \$20 for 3 or 4 each day
Garden Tours	11 am 2 pm 3.30 pm	10.30 am 1 pm 3 pm 4 pm	45 mins	Meet in driveway outside courtyard cafe	FREE
Temple Tours	10.45 am 2.15 pm	12.30 pm 3.15 pm	25 mins	Meet near front steps of temple	\$5
Photo Exhibition	All day	10 am to 4.30 pm		Rear of temple	FREE
Markets and Stalls	All day	Closes 4.30 pm		West courtyard, rear temple and foyers	
Café refreshments	Closes 4.30 pm	Closes 4 pm		Central courtyard	Reasonable menu prices
Information and ticket sales	All day	Closes 4.30 pm		Temple front and foyer	
Children's Craft Session	11 am - 1pm	11 am - 1 pm		West courtyard tent	\$3 each. Parents must attend.
Children's Reading and Meditation Session	2 pm	2 pm	30 mins	Meet in driveway outside courtyard cafe	FREE. Parents must attend.

Rose Garden
Open Days
26-27
November



TIBETAN BUDDHIST SOCIETY
Peaceful Land of Joy Meditation Centre
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FESTIVAL TEACHING PROGRAM

There are four talks each day by experienced teachers from Tibetan Buddhist Society centres in Melbourne and interstate and a variety of Buddhist organisations.

SATURDAY 5 NOVEMBER 2011

10.00AM BRINGING LOVE AND COMPASSION TO LIFE

A central aspect of the Buddhist path is the practice of great love and compassion – a source of personal peace and happiness, a path to good relationships and understanding life's events.

This session will include a guided meditation.

Rebecca Skelton

Rebecca is a teacher and director of the Tibetan Buddhist Society. She studied with the Society's founder, Venerable Geshe Acharya Thubten Loden, for many years.



12 NOON CEREMONY FOR WORLD PEACE

Buddhist monks and nuns, invited guests from various religious denominations, political and community leaders join to share talks and prayers for international peace and harmony.

1.30PM THE MIND AND KARMA

Thubten Gyatso will give a brief definition of mind according to Buddhism and how karma is the essential factor in all human happiness. Therefore, karma must be well understood and observed if we are to have any hope of reducing our unhappiness and increasing our happiness.

Thubten Gyatso

Thubten Gyatso has been a monk since the 1970s. He is an experienced Dharma teacher, has authored two Dharma books and has been instrumental in establishing Dharma centres for the Foundation for the Preservation of the Mahayana Tradition in France, Taiwan, Australia and Mongolia.



3.00PM WHY WE NEED A RELIGION

Venerable Kotte Santhindriya Thero will examine religion and why it can provide an important aspect of peoples' lives.

Venerable Kotte Santhindriya

Ven. Kotte Santhindriya Thero is the founder and head monk of the Daham Niketanaya Buddhist Temple in Mickleham. Venerable Thero studied Buddhism and philosophy extensively in Sri Lanka before coming to Australia in 1994. Since 1998 he has actively participated in chaplaincy and pastoral care services at the Royal Melbourne Hospital and was subsequently awarded the "Victoria's Award For Multicultural Affairs" by the Victorian Premier. In November 2006 he was appointed chief monk ("Sanganayaka") of the sweigen sect of Australia.



4.30PM HOW TO FIND HAPPINESS EACH DAY

Our happiness depends on our motivation. By recognising what is truly meaningful we can achieve a positive outlook on a daily basis that is beneficial to both ourselves and others.

Rod Lee

Rod Lee is a regular teacher and director of the Tibetan Buddhist Society's Sydney centre. He was a student of Venerable Geshe Loden for over 30 years.



SUNDAY 6 NOVEMBER 2011

10.00AM THE BUDDHIST APPROACH TO HAPPINESS

Buddhism teaches that in the same way that we want to be happy, all beings want to be happy. By broadening our aspiration for happiness to include others, then not only will we benefit others, but we will find personal happiness in the process. In this talk the Buddhist

approach to happiness will be outlined and practical methods given for finding happiness the Buddhist way.

Rosie McKew

Rosie is a director and teacher of the Tibetan Buddhist Society in Melbourne. She studied with Venerable Geshe Loden for more than 20 years.



11.30AM HAPPINESS AND UNHAPPINESS IN A CHANGING WORLD

The third Chinese Ancestor Sengchan or Kanchi Sosan as he is known in Japan wrote:

The great way is not difficult for those who have no preferences.

When love and hate are both absent everything becomes clear and distinguished.

Make the smallest distinction, however, and heaven and earth are set infinitely apart.

If you wish to see the truth then hold no opinion for or against.

The struggle of what one likes and what one dislikes is the disease of the mind.

Ekai Korematsu Osho

Ekai Korematsu Osho is the Spiritual Director of Jikishoan Zen Buddhist Community in Melbourne. He is a teacher in the lineage of the Soto Zen tradition and has taught Zen Buddhism in Japan, the USA and India for over 30 years.



2.00PM THE MINDFUL WAY TO LIFE

Approaching life supported by meditation, increases our resilience, well-being and joyfulness.

Anthony Joseph

Anthony is a teacher and director of the Tibetan Buddhist Society in Melbourne, who studied with Venerable Geshe Acharya Thubten Loden for more than 30 years.



4.00PM HAPPINESS IN A CHANGING WORLD

Traleg Rinpoche will talk about happiness in a changing world from the perspective of the Kagyu lineage of Tibetan Buddhism.

Traleg Kyabgon Rinpoche

Traleg Kyabgon Rinpoche is the President and Spiritual Director of Kagyu E-Vam Buddhist Institute in Melbourne. Rinpoche travels and teaches internationally and is the author of a number of Dharma books. He developed the popular annual Buddhist Summer School and the biannual Buddhism and Psychotherapy Conference in Melbourne.

